



DAILY ANNOUNCEMENTS

Tuesday, September 20, 2022

Athletics Schedule September 19-September 23

	Monday September 19	Tuesday September 20	Wednesday September 21	Thursday September 22	Friday September 23
Away Games:		Sr Girls @ Fultonvale 4:00		Junior EIPS	Senior Facey Junior EIPS
7am- 8:15am	Senior Girls Practice	Junior Girls Practice	Senior Boys Practice	Jr B Girls Tryout	
3:15-4:00		Cross Country		Cross Country	
3pm- 4:45pm	Junior Girls Practice	Junior Boys Practice	Senior Girls Practice	Senior Boys Practice	Jr B Girls Tryout
4:45pm- 6:15pm	Junior Boys Practice	Senior Boys Practice	Junior Girls Practice	Senior Girls Practice	



Golden Tickets: Golden Tickets are back!! If you do something positive or kind you may receive a Golden Ticket from one of our lovely staff members. Once you have a ticket you may redeem them for the first 15 minutes of the second half of lunch in the front foyer from Mrs. Lyles.

Library: Students, please remember to bring your Student ID card whenever you are coming to the library to look for or exchange books.

Canteen News: Our Canteen is up and running. We have something new this year...Delicious Hot Dogs on a beautifully steamed bun for only \$2. The Canteen is located just outside the Gym and will be open the second half of lunch. Come check out the list of items on the Canteen bulletin board that will be sold.



Noon Hour: Just a friendly reminder to students that you are to either eat in your homerooms or go outside for the first half of lunch. If you choose to be outside, you must remain there until the bell rings for the second half of lunch. The same rules apply if you choose to eat in your home room.

Please remember to be good neighbours in our community. When you are off campus, please do not go on people's property, do not litter, and conduct yourself appropriately when in establishments.

Microwaves: Microwaves are now available at lunch time. They will be in the hallway. Please line up quietly and respectfully.

Lunchtime Activity: Bingo - Looking for something fun to do at lunch? Come to Mr. Parrs room (214) during the second half of lunch on Friday for BINGO. Bring a pen, grab a card, and take it easy. There's even prizes for those lucky winners!



Cougar Mile we have three Food Trucks coming. Purple Perogy, Dawg Gone It and Big Wayne's Mini Donut. Don't forget to bring your money for lunch!!

Meet the Teacher: We will be having Food Trucks for meet the teacher from 4:30 pm to 5:30 pm this Wednesday (**TOMORROW**) as well!! Starvin Marvin's, Big Wayne's Mini Donut.

Food Truck Menu Prices

Purple Perogy

Perogies only	\$8
Perogies & Garlic Sausage	\$12
Poutine Perogies	\$10
Poutine Perogies & garlic Sausage	\$12
Mushroom Perogies	\$12
Mushroom Perogies & Garlic Sausage	\$10
Hot Buffalo Chicken Perogies	\$12
Hot Buffalo Chicken & Sausage	15

Dawg Gone It

Dawg	\$5.50
Smokie Dawg	\$8
Jalapeno & Cheddar Dawg	\$8
Beyond Meat Bratwurst Dawg	\$8.50
4oz Cooked Angus Burger	\$7.50
6oz Cooked Angus Burger	\$8.50

Starvin Marvin's

The Starvin Marvin	\$12.95
Bacon Guacamole Burger	\$14.95
Whiskey BBQ Burger	\$13.95
Mushroom Swiss Burger	\$12.95
BYOB – Build Your Own Burger	\$9.75
Spicey Chicken Burger	\$10.95
Beyond Meat Burger	\$11.95
Hot Dog	\$5.75
Chicken Tenders (3)	\$6.50
Fries	\$4.75 (regular) or \$7.00 (large)
Onion Rings	\$5.75 (regular) or \$8.50 (large)
Poutine	\$9.50 (regular) or \$16.00 (large)



Toonies for Terry: Don't forget to bring in a toonie for Terry in support of the Terry Fox Foundation on our Cougar Mile Day this Wednesday, September 21, 2022!!

Cougar Mile 80's Theme: Wear your best 80s athletic gear this Wednesday for our Cougar Mile. Spandex under your shorts, legwarmers or mid-calf striped sport socks, headband, wristbands, big bangs and the side ponytail.



Canteen: The Canteen will be **CLOSED** on Wednesday, September 21, 2022.

School Council Meeting: If parents would like to be more informed and involved with SWH, a great place to start is at our School Council meetings. This week's meeting is today, Tues. Sept. 20 at 6:30pm.

Scents: Students, please refrain from spraying perfume, body spray, cologne and any scented sprays in the school as we have staff and students who are allergic to them.