



PERSEVERANCE - RESPECT - INTEGRITY - DEDICATION - ENTHUSIASM

# COUGAR TRACKS

SHERWOOD HEIGHTS JUNIOR HIGH SCHOOL - HOME OF COUGAR PRIDE

## A Message from our Principal Mr. Pallister



Hello Sherwood Heights Families,

Happy New Year. I hope that this message finds you and your extended family healthy. Even though Covid is constantly in our thoughts, we have much to celebrate and for which to be grateful.

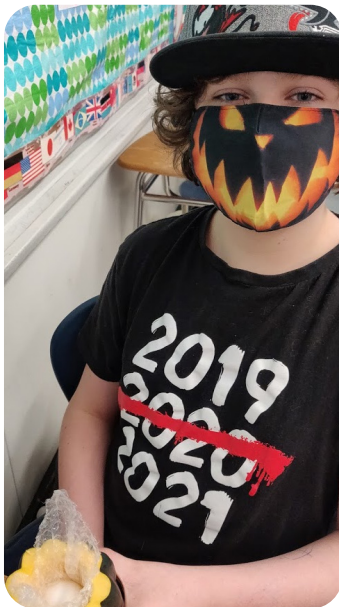
Sherwood Heights staff wants to once again thank you for your support and patience as we managed a month of on-line learning. In-school learning begins on Monday and we know this is the best place for students to learn as well as developing social and emotional skills.

We are all looking forward to reconnecting. I remain very grateful for the incredible staff here at Sherwood

Heights and all of the extras that have been done over the course of the year to provide the best possible learning environment for students. Staff will continue to post information in BrightSpace to support learning opportunities for those who may need to be at home for a period of time. I encourage parents to access the parent portal.

I want to share a few points regarding re-entry to school:

- Parents are reminded to continue to talk to your child about daily Covid screening.
- If all is well, please send your child to school with two masks and reinforce proper protocol for wearing the mask. We will be going over this again with students at the start of the day.
- Students will have access to their lockers; however, we ask that students not bring all supplies to school on Monday as we will not have dedicated time to set up lockers. Please send your child to school with only the materials required for Monday's scheduled classes.... ([read more](#))



## January Hot Lunch Dates

With students returning to in-school learning, we are happy to offer two Hot Lunch dates in January: January 18th and January 26th.

If you would like to place a hot lunch order, please log in to PowerSchool and select "student fees." From there you will need to complete your hot lunch selections and submit payment in order to secure your order. Should you wish to pay via cash or cheque, you can do so by completing the attached form and returning it—along with payment—to the office.

All orders/payments are due by Thursday, January 14th. No late orders will be accepted. Orders are non-transferrable and non-refundable. If your child is absent the day of hot lunch, the order will not be held as the school does not have the resources to do so.

If you are trying to use an account credit to pay, you **must** complete the payment process by clicking on your cart and "confirming items." If you do not complete this step, the.... ([read more](#))

## Upcoming Events & Need to Knows

Click **Underlined** Items for More Information

**Please Read:**  
[SWH Re-Entry Guide](#)  
(Updated Jan 8, 2021)

**In-School Classes Resume**  
January 11

[School Council Meeting](#)  
January 19  
6:30 PM via Google Meet

[PD Day - No School](#)  
January 29

**Early Dismissal**  
February 3 at 2:00 PM

**Teachers' Convention**  
**No School**  
February 4 and 5

**Family Day - No School**  
February 15

[SWH School Calendar](#)

## Sherwood Heights Swag Available

School swag is still available for purchase at SWH! To order, simply log on to your [PowerSchool](#) account and click on student fees to access the full swag list and place your order today!

