



PERSEVERANCE - RESPECT - INTEGRITY - DEDICATION - ENTHUSIASM

COUGAR TRACKS

SHERWOOD HEIGHTS JUNIOR HIGH SCHOOL - HOME OF COUGAR PRIDE

NEED TO KNOWS

Click **Bold** Items for More

Saffron Cyber Second

Returning Student Registration Feb 1 - 28

Deadline for Pink Shirt Orders - Feb 3

Hot Lunch - Feb 4

High School Open Houses Feb 5 - 21

Teachers Convention
February 7-8

Professional Learning Day
(no school) Feb 15

Family Day - Feb 18

Pink Shirt Day - Feb 27

Grade 9s Look to the Future

The times for Grade 9s are a-changing! Over the next few weeks, all Grade 9 students and their parents at Sherwood Heights will receive information regarding Grade 9 Farewell activities, as well as information about their upcoming transition into high school. One of the excellent opportunities coming up for families is to visit high school open houses. At the open houses, students and families can meet the staff, tour the school, learn about the curriculum, gain insight about alternative programming options and more. If your child will be starting Grade 10 in the fall, save the following dates for these upcoming open houses! ... ([read more](#))



Who's excited for Grade 10?



Jr. Girls GOLD!

Our Junior Girls basketball team showed a lot of Cougar perseverance and determination as they defeated the host team in the finals 27-20 at the OLPH tournament last weekend. The next tournament is the Senior Sal tournament February 14 - 16.



School Council

Our School Council meeting on January 24th brought many new faces and some wonderful debate and input into the Personal Device Policy. Please ensure you have [completed the survey](#) to have your say. We also discussed some...([read more](#))



Returning Student Registration

Even though we've only reached the midpoint of this school year - our sights are firmly on the future! The online registration process for Grade 7 and 8 families has opened as of today! To register for next...([read more](#))



The Play's the Thing

Performing Arts classes showed off their Cougar enthusiasm and hard work this week in two incredible performances! The Grade 8s performed "Fractured Fairy Tales" and the Grade 9s "The Amazing Adventures of Percy". Well done all!

