



PERSEVERANCE - RESPECT - INTEGRITY - DEDICATION - ENTHUSIASM

# COUGARTRACKS

SHERWOOD HEIGHTS JUNIOR HIGH SCHOOL - HOME OF COUGAR PRIDE

## NEED TO KNOWS

Click **Bold** Items for More

**Saffron Cyber Second**

**Hot Lunch - Jan 28**

**EIPS High School Info Evening - Jan 28**

Last Day of Semester 1  
January 30

Teachers Convention  
February 7-8

Professional Learning Day  
(no school) Feb 15

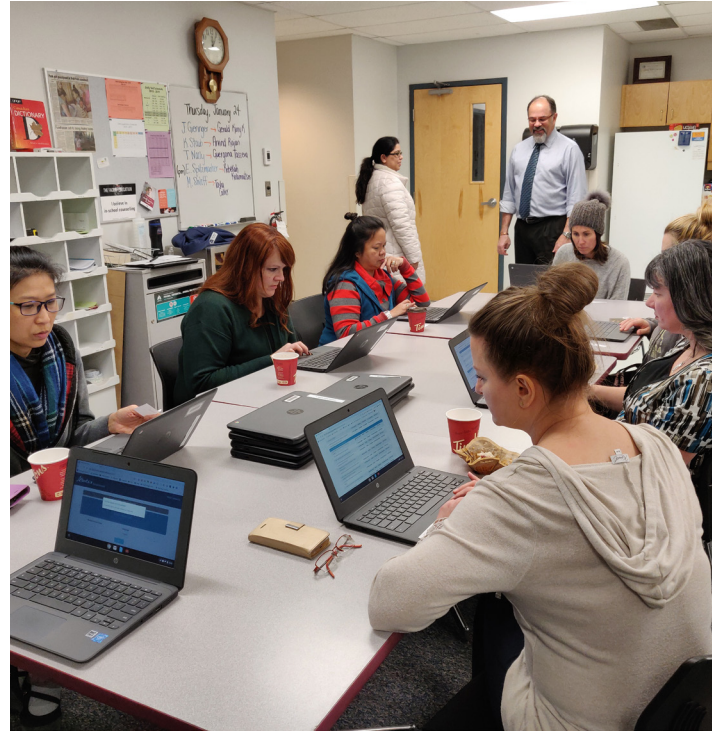
Family Day - Feb 18

**School Calendar**

**EIPS 2019-2020  
Calendar Now Available**

## Parents Speak Up

There are so many ways that our school works to include parents in their children's education. Whether it be [School Council](#), Bring Your Kids to Work Day, Parent Teacher Interviews, or inviting parents to share their professions with students as part of [Careers Day](#), there are many opportunities to get involved! Two new ways that are underway are the [Grade 7 Parent Visits](#) that happened this week and a survey on a school wide student-owned device policy that we are looking at in the school. In addition, all Grade 7 parents have received an Accountability Pillar Survey in the mail from Alberta Education in order to provide the province, the division and the school the... ([read more](#))



Parents hard at work giving us feedback!

## Get Your Pink On!

**Pink shirts for sale!** Bullying is a major problem in schools, workplaces, homes, and online. Every year, Pink Shirt Day is a way for students, parents and teachers to band together in solidarity to show that they won't tolerate...([read more](#))



## Brrrrrrr!!!!

Outdoor Education students bundled up this week to go to Kaduc lake for some ice fishing. As part of the trip, they learn how to construct their own rods, drill holes, clean fish, and responsible catch and release methods. What an icy adventure!

## Scenes of the Past

To support the understanding of the importance of the fur trade, our students built replicas of forts that existed in Canada between the 1600s and 1870. Students first researched a fort to explain the role that competition played in...([read more](#))



## French Immersion Excursion

Cinquante-deux élèves sont allés à l'École Ardrossan Junior Senior High mercredi dernier pour faire un tour de l'école et participer dans plusieurs activités avec des autres élèves dans le d'immersion...([continuez](#))

