



PERSEVERANCE - RESPECT - INTEGRITY - DEDICATION - ENTHUSIASM

COUGAR TRACKS

SHERWOOD HEIGHTS JUNIOR HIGH SCHOOL - HOME OF COUGAR PRIDE

NEED TO KNOWS

Click **Bold** Items for More

Grade 9 Careers Day
January 16

Hot Lunch - Jan 14

Lock Down Drill - Jan 17

Saffron Cyber Second

It Takes A Village: Parent Connector Event - Jan 19

School Council - Jan 24

EIPS High School Info Evening - Jan 28

Last Day of Semester 1
January 30

School Calendar

Alumnus Visit

We were honoured to have a visit from one of our most prominent Cougar alumni on Thursday afternoon! The Honourable David Eggen, Minister of Education, along with EIPS Board Chair Trina Boymook and Sherwood Park MLA Annie McKittrick met with students and staff to take a tour of the current school facilities. Some of our student leaders spoke to Minister Eggen about how grateful they were to attend Sherwood Heights, and were able to hear him share some of his own memories of attending Heights, starting in Grade 2 when the school included elementary grades. Students were eager to show our guests the wide variety of programming options t...[\(read more\)](#)



Minister Eggen with some of our student leaders.

Musical Heights

Congratulations to our Sherwood Heights students who have been selected for the Northern Alberta Junior Honour Band! These students will take part in an intensive rehearsal schedule in preparation for their concert at the Orange...[\(read more\)](#)



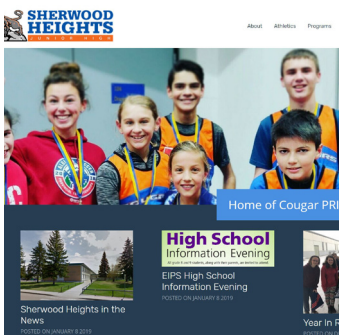
Student Sign Out

Time for the dentist! Often, we find the need to sign out our child from school sometime during the school day - whether it be an appointment, an illness or other reason. Here's a few helpful tips about how the process works... [\(read more\)](#)



New Website!

If you haven't checked out www.sherwoodheights.org in a while - you should! The new website will highlight some of the amazing activities that are happening at the school as well as give you the information you need. Check out the...[\(read more\)](#)



High School Information Night

As part of our Health program, we work to help students in their transition to high school and also to their eventual careers. As part of this program, grade 8 & 9 students and parents are invited to a high...[\(read more\)](#)

