COUGARTRACKS

SHERWOOD HEIGHTS JUNIOR HIGH SCHOOL - HOME OF COUGAR PRIDE

NEED TO KNOWS

Click Bold Items
for More Info!

Principal's Message

**New Process:
Exam Writing at Lunch**

**Parent Teacher Interviews
October 30 & November 1**

Scholastic Book Fair
Oct 29 - Nov 2

**Guide for Reporting
Student Achievement
on Website**

**School Council Meeting
October 25 7:00pm**

Photo Retakes October 26

School Calendar

Reading Brings Life to Heights

The theme for this year's Read-In Week was "Bringing Stories to Life" - and there was lots of life at Sherwood Heights! Throughout the week, our three Administrators read short stories to their grade-level classes, and in turn our Grade 9 Leadership students went to Pine Street to read some of their favourites to the eager elementary students! There was Trivia in the library at lunch on Tuesday, and on Wednesday the entire school read together (some of us in our PJs!). The capstone of the week was a visit from author Natasha Deen who spoke on resilience, inclusion, self-identity, and diversity. What a lively week!

Grade 9 Students Reading at Pine Street Elementary

Cougar Athletics

Sherwood Heights athletes are off to a great start! This year we are fielding Senior, Junior and Developmental teams for both Girls and Boys Volleyball and we had over 60 students compete in Cross Country. For more athletics info, click here.

PST Interviews

Parent Student Teacher interviews will be held on October 30 and November 1. To ensure teachers can see as many parents as possible, a sign-up process will begin on October 22 at 7:00 pm. In order to sign up, please go to… (read more)

Halloween Events

Students and staff will be celebrating Halloween on Wednesday, October 31st with some special events. Students are invited to be in costume for the duration of the school day and there will be a… (read more)

Vaping & Juuling

A recent trend called "juuling" has come to our attention and we wanted to make you aware so you can discuss the issue with your child directly.

A Juul is a… (read more)

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