Welcome to Sherwood Heights - Home of the Cougars.

It is so exciting to think of entering Junior High and we eagerly anticipate the reopening of school and having you join us next year. Typically, at this time of year, we would host an Open House for you to meet the teachers and explore all that we have to offer. As you know, this will not be possible as we need to keep our social distance for some more time. We are planning a different way for you to get to know a little bit about us. In the meantime, you can check out our Sherwood Heights website or follow us on Instagram, Facebook or Twitter to see what we are up to.

You may be wondering, 'How will I choose options for next year?'. A Program Guide will be posted on our website at the beginning of May which details all our programs and complementary courses you can choose from. We will send an email to inform families when it is posted. In the same email, watch for a link to an electronic form for your parents to complete which will allow you to make your option choices.

Thank you for taking time to read my message. I hope you are doing well in your studies as you finish grade 6. I look forward to seeing which option choices you are most excited about and meeting you in September. If you have any questions, please call the school or send us an email.

Sincerely,

Mr. Paul Pallister – Principal

Reach for the Heights!